

Walking cricket comes to Bradford and Todmorden

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u3a member Mac, who pioneered an accessible version of cricket, has introduced the sport to two



Walking cricket has launched in two new areas, thanks to u3a Walking Cricket Subject Adviser Mac.

Mac, along with u3a walking cricket enthusiast Norah, visited Bradford on 22 June for the inaugural meeting of a new women's-only group. It follows on from a new group at Todmorden u3a, which formed in May.

Walking cricket is a version of cricket adapted to be more accessible, with men and women playing together, no running allowed and a softer ball. Since pioneering the sport in 2018, Mac has worked with the Yorkshire Cricket Foundation and with u3as across the movement to bring it to as many people as possible.

Mac has recently been recognised for his efforts - as he was nominated for the BBC Radio Leeds Make A Difference Awards.

Part of the nomination statement reads, "Walking Cricket has designed by Mac to be accessible for all, sociable, affordable, fun and so many people have benefitted both mentally and physically because of the activity. "

Find out more about walking cricket on [Mac's Subject Advice page](#).

Walking cricket is just one of the exciting things happening within the u3a movement - [join us now](#).